

Report of Meditation Workshop

**M. S. P. Arts, Science & K. P. T. Commerce College,
Manora Dist. Washim**

Affiliated to SGB Amravati University, Amravati.

NAAC Accredited 'B' Grade



Report on...

Orientation for Entry Year Students

Arts, Commerce & Science

Date: 14/08/2018

**Submitted to
Dr. N. S. Thakare
Principal**

**Submitted by
Dr. Avinash S. Nile
Asst. Professor, Department of Commerce**

M. S. P. Arts, Science & K. P. T. Commerce College, Manora Dist. Washim

Report on Orientation for Entry Year: Personality Development Perspective

Introduction:

Our Personality is developed over the years and hence it is important to make sure that we have to search positive traits in ourselves right from a childhood. Also, our personality defines our status as a respected entity in the personal as well as professional spheres. However, our personality is developed according to our convenience and comfort. Thus, it is important to see whether we have developed it in the right or the wrong way.

With the help of good training a student can learn communication skills, different subjects, computer operating. Similarly, training in personality development enhances the general as well as unique traits of a person that is required for differentiating a person from another. A teacher of personality development helps a person to get positive thought pattern, gain confidence, improve behavior, learn better communication and develop a healthy personality.

To promote students towards positive thinking, positive approaches and for the sake of matured society, our college takes initiative to organize the '*Orientation for Entry Year Students*'.

Objectives:

1. To build internal strength among students.
2. To inculcate level of understanding within students.
3. To strengthen will power of students.

Details of Workshop:

- i) *Orientation for Entry Year Students*
- ii) **Theme:** Personality Development.
- iii) **Expert Invited:** *Mr. Manoj Ingole, Trainer, Art of Living, Manora*
- iv) **Chairperson:** Mr. Mahadevrao Thakare, Secretary, DSPS, Manora
- v) **Convener :** Principal, Dr. N. S. Thakare
- vi) **Organizing Secretary:** Dr. Avinash S. Nile
- vii) **Date:** 14/08/2018

viii) Participants : 240 Students

Photographs:



Mr. Manoj Ingole, Art of Living, Manora, Demonstrating the skills of Meditation

Media Coverage


युवा उद्बोधन कार्यशाळा

मानोरा, ता. १७ : मासुपा
महाविद्यालयात नवीन प्रवेशित
विद्यार्थ्यांसाठी युवा उद्बोधन
कार्यशाळा घेण्यात आली.

आजच्या नकारात्मकतेकडे
वळत जाणाऱ्या युवा वर्गाला सशक्त,
संस्कारक्षम करून सकारात्मक आणि
शाश्वत यशाच्या मार्गावर येण्यासाठी
प्रस्तुत वर्गाचे आयोजन प्राचार्य डॉ.
ठाकरे यांच्या मार्गदर्शनाखाली केले.
कार्यक्रमाला प्रमुख वक्ते म्हणून 'आर्ट
ऑफ लिव्हिंग' परिवाराचे प्रशिक्षक
मनोज इंगोले होते.



Principal & Convener


Principal
V.S.P. Arts, Sci & K.P.T. Comm
College, Manora Dist, Washi

Organizing Secretary & Co-ordinator


Dr. Avinash S. Nile